# Aldershot Youth Swimming Club

# A member of Rushmoor Swimming Association

# Newsletter – Autumn 2015





Welcome to this edition of our newsletter and especially if you & Key Dates for this term your child are new to our swimming club. Please do take the time to read this newsletter as it contains lots of useful information for you.

# Summer Distance Swim - 29th July 2015

We had 11 swimmers arrive for the short distance swim at the end of July. They swam well and achieved great distances. Well done to the following swimmers!

- 1. Leila Aziz - 1000m
- 2. Ciara Flynn - 1 Mile
- 3. Katie Hurcombe - 1500m
- 4. Daniel Karlsson - 1 Mile
- 5. Molly Hunt - 400m
- 6. Steven Kelly - 1000m
- 7. Alyssa Hayhoe - 100m
- 8. Libby Potter - 1000m
- 9. Mikey Westcott - 400m
- 10. Grace Gower - 200m
- William Hughes 1000m

# Volunteer Achievements - Level 2 Teaching Awards!

Cameron Morton - ASA Level 2 Teacher! Angela Hughes - ASA Level 2 Teacher!



# 6pm Swimmers - Please note

Each week we are really busy especially at 6pm. It is really important for 6pm swimmers to queue down the corridor prior to 6pm to avoid congestion and noise on the poolside. When we invite parents and swimmers on to poolside at 6pm, please help us by sending your child around the pool to find

# **Parents - Hygiene Overshoes**

'Places for people leisure' have asked us to ensure that parents and other spectators wear the blue over shoes provided when on the poolside. If the containers are empty on a Wednesday evening, then do speak to one of us and we will speak to the lifeguards to bring some more out to fill up the containers.

# **Swimming at Weekends**

Please remember to take your children swimming at weekends to give them a good chance of developing their strokes and skills for their tests. A swimming lesson once a week is often simply not enough for your child to learn to swim and be confident in the water.

Full details on the STA Learn to swim scheme can be found on our website so you know what criteria your child needs to be confident at for their swimming tests.

28th October 2015 - Half Term (Lessons as usual) 25th November 2015 - Last teaching week 2nd December 2015 - 1st Test Night 9th December 2015 - 2nd Test Night 16th December 2015 - Distance & splash time 23rd December 2015 - Christmas Water Polo!

# **Swimmers - Please Note**

Each week all pupils should use the toilet, blow their nose and shower before entering the water. Parents of younger swimmers should ensure their children carry

# **Supervision on the Poolside / Changing Rooms**

While our teachers are responsible for your children during their swimming lesson, we do ask for your help supervising your children before and after their lesson in the changing rooms and out on the poolside. If you do come across any children misbehaving then do come and inform Linda or Lesley who will deal with it appropriately with the children concerned.

We are not responsible for your children before and after their swimming lesson on poolside or within the changing rooms. This is why all parents must remain on site while your children are in their

# **Extra Clothing Required**

Swimmers in Angelfish 2 and above are required to wear additional clothing for their lessons and their tests. Please check on the website as it is important your child gets practice wearing additional

# **Online Questionnaire for Parents**

We would love to get your feedback on how we are running the club and on your child's swimming lesson this term. There is an online questionnaire available on the website. Please do take a couple of minutes to let us know your thoughts. Your feedback is appreciated and we welcome

# **Duke of Edinburgh Award**

We allow young people to volunteer with us to Achieve their Duke of Edinburgh's award. If you know a young person who is looking for a volunteer placement for this award then do point them in our direction. This can be good starting point to become a teacher in a few years time.

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# Club Test Dates - 2nd / 9th December

At the end of each course we have two test nights. You can find out your child's test date & time on our club website and notice-board. You must ensure your child is available to be tested on the test night as we cannot guarantee that an alternative assessment

Swimming courses / Distance Swim - Certificates & Badges

At the end of each term we run a short distance swim. Certificates and badges can be purchased afterwards for £1.50.

The cost of the certificate and badge for your child's course is included in your course fee.

# Success Tracker & Wellbeing This Work Booklet Belongs To:

# **STA Health and Wellbeing Leaflet**

The STA have produced this wonderful leaflet on water safety which swimmers will receive once they start Angelfish 2 each term.

It has lots of information and activities to teach our swimmers about water safety at home and on holiday!

date or time is availa-

# **Swimmer's Activity Corner**



# **Facebook Reminder**

As well as our website, our club also has a facebook page. We use this to publish information and changes to our club calendar and in the unlikely event of any pool closers.

# **Volunteering on Poolside**

We are always on the lookout for new adult volunteers on poolside to assist our teachers with teaching children to swim. As much as we admire all our young volunteers coming forward to help and to become teachers their selves, it is always very useful to have adults volunteers as teachers as well. If you are a keen swimmer and would like to volunteer within our swimming club then please do speak to Linda or Lesley for further information. An application form will be provided along with an enhanced DBS form as well for everyone aged over 16.

# Changing rooms / lockers

Please ensure that your children are using the lockers provided and not leaving their belongings out on the benches. With 40-45 swimmers at each session there is not room

# **Water Safety Questions**

Each Octopus and Goldfish class will be asked two water safety questions as part of their swimming lessons and their test. You can lookup these questions to teach your

# **End of Term Activities**

Short Distance Swim - 16th December Christmas Water Polo - 23rd December

Add these two dates to your diaries!

# **Our Committee - Effective from July 2015**

Chris Gillman - Chairman Ludmila Laker - Treasurer Louise McFadden - Waiting List Secretary Linda Skeet - Swim Leader / Welfare Officer Lesley Cornwall - Swim Leader Sandra Fifield - Front Desk Secretary Angela Hughes - Badge Secretary

