

# Aldershot Youth Swimming Club

A member of Rushmoor Swimming Association



## Newsletter – September 2012

Autumn Term 2012

### Introduction

Welcome to the third edition of our newsletter and especially if you and your child are new to our club. Somehow we can't believe we are coming to the end of September and already four weeks in to this term. We hope you all have had a great summer whatever you have been up to.

### Supervision on the Poolside

While our teachers are responsible for your children during their swimming lesson, we do ask for your help supervising your children before and after their lesson in the changing rooms and out on the poolside.

### Hygiene Overshoes

DC Leisure have asked us to ensure that parents and other spectators wear the blue overshoes provided when on the poolside. If the containers are empty on a Wednesday evening, then do speak to one of us and we will speak to the lifeguards to bring some more on to poolside.



### Pupils

All pupils should **use the toilet**, blow their nose and shower before entering the water. Parents of younger pupils should ensure their children carry out these three actions.

### Extra Clothing Required

Swimmers in Angelfish 2 and above are required to wear extra clothing for their lessons and their tests. Please check on the website as it is important your child gets practice wearing extra clothes while swimming in their lessons.



### London 2012 - Olympic Games

We hope you all enjoyed watching the swimming at the Olympics over the summer. There were a few swimmers from around this area who competed at either the Olympics or the Paralympic Games. To name a few there were a couple of swimmers from Rushmoor Synchro and a swimmer from Guildford City Swimming Club. More Olympic Swimming Reports can be found on the Rushmoor Swimming Association website or on the British swimming website.

### Many thanks to all Volunteers

Everyone involved in our club is a volunteer, I hope you can join me in thanking all those involved in our club. It is very much appreciated, thank you to everyone involved !

### New Online Questionnaire

We would love to get your feedback on how we are running the club and on your child's swimming lesson. There is now an online questionnaire available on the website. Please do take a couple of minutes to let us know your thoughts. Your feedback is appreciated and we welcome your comments.

### Swimming at Weekends

Please remember to take your children swimming at weekends to give them a good chance of developing their strokes and skills for their tests. A swimming lesson once a week is often simply not enough for your child to learn to swim and be confident in the water.

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### Upcoming Important Dates

Here are some important dates for the next few months.

**31st October:** Half Term (Lessons running as normal)

**5th December 2012:** 1<sup>st</sup> Test Night

**12th December 2012:** 2<sup>nd</sup> Test Night

**19th December:** Distance Swim & Splash Time Event

**26th December:** No Swimming - Pool Closed

**7th January 2012:** Spring Term Starts

### Club Test Dates

At the end of each course we have two test nights. You can find out your child's test date & time on our club website and noticeboard. You must ensure your child is available to be tested on the test night as we cannot guarantee that an alternative assessment date or time is available.

### Spring Term Enrolment 2013

Parents are asked kindly to re-enrol their children after their test in December. This allows us plenty of time to create new class lists and produce the new pool plan. Enrolment fee for the Spring Term will remain at £28.

### Water Safety Signs Quiz

Match the message with the correct sign

1. Surfboard riding prohibited
2. Beaware of shallow water when diving
3. Beaware of deep water
4. Surfboard riding permitted
5. Direction to life saving patrol
6. Swimming prohibited
7. Diving prohibited
8. Beaware sudden drop-off
9. Swimming Permitted



### Volunteering on Poolside

If you are interested in swimming then why not think about volunteering with us. Teaching swimming is so rewarding when you see our swimmers progress from beginners in to older improvers. There are always opportunities to complete teaching qualifications in the future. All new volunteers will be asked to complete a CRB disclosure on joining the club.

### Duke of Edinburgh Award

We allow young people to volunteer with us to achieve their Duke of Edinburgh's award. If you know a young person who is looking for a volunteer placement for this award then do point them in our direction. This can be good starting point to become a teacher in a few years time.

### New Website Launched !

We have recently launched our new club website where we hope it is easier to find the information you are looking for. Why not take a visit and let us know what you think ?



You can now recommend our swimming club to your friends using facebook. Just click the recommend button on our website



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