

Aldershot Youth Swimming Club



A member of Rushmoor Swimming Association

Newsletter – January 2013

Spring Term 2013

Introduction

Welcome to the 4th edition of our newsletter and especially if you and your child are new to our club. There is lots of information in this newsletter to take in so please do read further on to find out more about our swimming club.

Supervision on the poolside and In the changing rooms

While our teachers are responsible for your children during their swimming lesson, we do ask for your help supervising your children before and after their lesson in the changing rooms and out on the poolside. We kindly ask all parents to help us by looking out for children misbehaving. If you do see children misbehaving then a gentle reminder to the children concerned would be appreciated. Please also mention to our volunteers on our desk ideally with names so the issue can be followed up if need be.

Hygiene Overshoes - New Tiled Matting

Now the poolside has a wonderful new tiled matting laid it has become very important to ensure everyone is either wearing blue over shoes or removing outdoor footwear when on the poolside.

DC Leisure have asked us to remind all parents about the importance of all parents and other spectators wearing the blue over shoes provided

If the containers are empty on a Wednesday evening, then do speak to one of us and we will speak to the lifeguards to bring some more on to poolside.

Pupils - All pupils should **use the toilet**, blow their nose and shower before entering the water. Parents of younger pupils should ensure their children carry out these three actions.

Extra Clothing Required

Swimmers in Angelfish 2 and above are required to wear extra clothing for their lessons and their tests. Please check on the website as it is important your child gets practice wearing extra clothes while swimming in their lessons.

Many thanks to all Volunteers

Everyone involved in our club is a volunteer, I hope you can join me in thanking all those involved in our club. It is very much appreciated, thank you to everyone involved !

A big thank you to Kellie Rigden for all her teaching over the past few years. Kellie leaves us at the end of February. She will be missed. We do have an alternative plan in place to cover Kellie's lessons for the remaining two weeks before the end of the term.

Online Parent Questionnaire

We would love to get your feedback on how we are running the club and on your child's swimming lesson. There is now an online questionnaire available on the website. Please do take a couple of minutes to let us know your thoughts. Your feedback is appreciated and we welcome your comments.



Swimming at Weekends

Please remember to take your children swimming at weekends to give them a good chance of developing their strokes and skills for their tests. A swimming lesson once a week is often simply not enough for your child to learn to swim and be confident in the water.

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Upcoming Important Dates

Here are some important dates for your diary's over the next few months

20th February 2013: Half Term
(Lessons running as normal)

20th March 2013: 1st Test Night
27th March 2013: 2nd Test Night



3rd April 2013: Water Polo Event (Angelfish 2 +)
10th April 2013: No Swimming (Volunteers only)
17th April 2013: Summer Term Begins

Club Test Dates: March 2013

At the end of each course we have two test nights. You can find out your child's test date & time on our club website and noticeboard. You must ensure your child is available to be tested on the test night as we cannot guarantee that an alternative assessment date or time is available.



Summer Term Enrolment 2013

Parents are asked kindly to re-enrol their children after their test in March. This allows us plenty of time to create new class lists and produce the new pool plan. Enrolment fee for the Summer Term will be confirmed by the end of this term.

Volunteering on Poolside

If you are interested in swimming then why not think about volunteering with us. Teaching swimming is so rewarding when you see our swimmers progress from beginners in to older improvers. There are always opportunities to complete teaching qualifications in the future. All new volunteers (16+) will be asked to complete a CRB disclosure on joining the club.

Duke of Edinburgh Award

We allow young people to volunteer with us to achieve their Duke of Edinburgh's award. If you know a young person who is looking for a volunteer placement for this award then do point them in our direction. This can be good starting point to become a teacher or an assistant in a few years time.

Big Splash 2013 !

Some of you may remember our big splash event last April. We hope to run this again for a few hours on either a Saturday or a Sunday. More details will be announced shortly



Water Safety Quiz - Have ago at this ... !

1. Why is open water so dangerous to swim in? Give at least three reasons.
2. What do the signs in the picture mean?
3. Why is it safer to go to a swimming pool than to swim in open water ?
4. How can cold water affect your swimming ability?
5. Why is diving into shallow water dangerous?
6. How can people doing water sports stay safe?
7. What could you throw to someone in the water to help them float?
8. Why is it a bad idea to jump in to try to save someone?
9. How can you get help in an emergency?
10. How could vandalism lead to someone being in danger in open water ?

Answers to these water safety questions will be in the summer issue of our newsletter.

You can now recommend our swimming club to your friends using facebook. Just click the recommend button on our website homepage.



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