

Aldershot Youth Swimming Club



A member of Rushmoor Swimming Association

Newsletter – Summer 2013

Summer Term 2013

Introduction

Welcome to the fourth edition of our newsletter and especially if you and your child are new to our club.

Please do take the time to read this newsletter as you will find important information such as test dates



Supervision on the Poolside

While our teachers are responsible for your children during their swimming lesson, we do ask for your help supervising your children before and after their lesson in the changing rooms and out on the poolside.

Hygiene Overshoes

DC Leisure have asked us to ensure that parents and other spectators wear the blue overshoes provided when on the poolside. If the containers are empty on a Wednesday evening, then do speak to one of us and we will speak to the lifeguards to bring some more on to poolside.



Pupils

All pupils should **use the toilet**, blow their nose and shower before entering the water. Parents of younger pupils should ensure their children carry out these three actions.

Extra Clothing Required

Swimmers in Angelfish 2 and above are required to wear extra clothing for their lessons and their tests. Please check on the website as it is important your child gets practice wearing extra clothes while swimming in their lessons.

Swimming at Weekends

Please remember to take your children swimming at weekends to give them a good chance of developing their strokes and skills for their tests. A swimming lesson once a week is often simply not enough for your child to learn to swim and be confident in the water.

Swimathon 2013: Charity Distance Swim

Well done to all 9 swimmers who took part in this years charity distance swim. You all swam really well and was great see the progress you all made over the past year !



SWIMATHON
28 April 2013

Swimmers now have until Wednesday 15th May to collect sponsorship and return the money to the club. We will inform you all what the total amount raised was in due course.

Well Done to the following swimmers for achieving the following distances:

1. Ellan Skeet - 3000 Metres !
 2. Niamh McFadden - 2500 Metres !
 3. Matthew Bricklebank - 1000 Metres !
 4. Daniel Westcott - 600 Metres !
 5. Luke Bricklebank - 400 Metres !
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1. Katie Bricklebank - 200 Metres !
 2. Jared Doudican - 200 Metres !
 3. Janie Terry - 200 Metres !
 4. Micky Westcott - 200 Metres !

Many thanks to all Volunteers

Everyone involved in our club is a volunteer, I hope you can join me in thanking all those involved in our club. It is very much appreciated, thank you to everyone involved !

Parent Online Questionnaire

We would love to get your feedback on how we are running the club and on your child's swimming lesson. There is now an online questionnaire available on the website. Please do take a couple of minutes to let us know your thoughts. Your feedback is appreciated and we welcome your comments.

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Upcoming Important Dates

Here are some important dates for the next few months.

- 29th May 2013:** Half Term (Lessons running as normal)
- 10th July 2013:** 1st Test Night
- 17th July 2013:** 2nd Test Night

- 24th July 2013:** Distance Swim & Splash Time Event
- 31st July 2013:** No Swimming - Volunteers Only
- Summer - August 2013:** Summer activities will be published by the end of June.

Club Test Dates

At the end of each course we have two test nights. You can find out your child's test date & time on our club website and noticeboard. You must ensure your child is available to be tested on the test night as we cannot guarantee that an alternative assessment date or time is available.

Autumn Term Enrolment 2013

Parents are asked kindly to re-enrol their children after their test in July. This allows us plenty of time to create new class lists and produce the new pool plan. Enrolment fee for the Autumn Term will be confirmed by July.

Summer Term Word Search

- | | | |
|-------------|--------------|--------------|
| Crawl | Backstroke | Breaststroke |
| Freestyle | Medley | Flutter-kick |
| False start | Dolphin kick | Butterfly |

C J Z R A M D O L P H I N K I C K
 U R P Q E X H B R Z W H L O P S E
 H R A D V D V G V F Q Y S B E J L
 C K L W X R E E W H F F C F I T O
 R E V X L I W A H A O R H L K M F
 Y B W K G Y X Q L U U E C U F X I
 D J R U B Q J S M P H E R T A T O
 V C C E Y U E U C R Y S P T J H B
 F A Q V A S T O D G L T Q E L A V
 H R W E T S Z T O J K Y H R C Z M
 I U Y A Q D T Z E R S L G K S N H
 L R R G O I E S P R A E S I U L Y
 Z T F Q K Q G R T C F T H C L Z Q
 Q W N V R W F W O R R L K K K L U
 E U G S P L X D J O O E Y V L V B
 M P G J A T N N K A X K A L I V S
 F Q H Q W R M E L K E T E L G V Q

Volunteering on Poolside

If you are interested in swimming then why not think about volunteering with us. Teaching swimming is so rewarding when you see our swimmers progress from beginners in to older improvers. There are always opportunities to complete teaching qualifications in the future. All new volunteers will be asked to complete a CRB disclosure on joining the club.

Duke of Edinburgh Award

We allow young people to volunteer with us to achieve their Duke of Edinburgh's award. If you know a young person who is looking for a volunteer placement for this award then do point them in our direction. This can be good starting point to become a teacher in a few years time.

follow us on
twitter
@AldershotYouth



Facebook Page Launched !

We have recently launched our new club facebook page. 'Like' our page to stay up to date with the latest news and changes to the club etc.

