

Aldershot Youth Swimming Club

A member of Rushmoor Swimming Association



Newsletter – May 2012

Summer Issue 2012

Introduction

Welcome to the second edition of our newsletter. Somehow we can't believe we are already in May and in to the Summer term. We are nearly halfway through this term. Please remember that 1/2 an hour a week of swimming is sometimes simply not enough for your children. So please remember to take your children swimming at weekends to give them a good chance of developing their strokes and skills for their tests.

Hygiene Overshoes

Parents and other spectators, please wear the blue over shoes provided free from the centre or remove outdoor shoes whilst on the poolside.

Pupils

All pupils should **use the toilet**, blow their nose and shower before entering the water. Parents of younger pupils should ensure their children carry out these 3 actions.



Volunteering on Poolside

If you are interested in swimming then why not think about volunteering with us. Teaching Swimming is so rewarding when you see our swimmers progress from beginners in to older improvers. There are always opportunities to complete teaching qualifications in the future. All new volunteers will be asked to complete a CRB disclosure on joining the club.

Duke of Edinburgh Award

We allow young people to volunteer with us to achieve their Duke of Edinburgh's award. If you know a young person who is looking for a volunteer placement for this award then do point them in our direction. This can be good starting point to become a teacher in a few years time.

Sports Relief Distance Swim

Congratulations to all swimmers who swam on the 29th April. The total distance swum was 16,375 metres and the total amount raised for Sports Relief was £245.10 ! The standard of swimming was very good.



Very well done to the following swimmers for taking part:

Ellan Skeet: 2500 metres
Thomas Boniface: 200 metres
Oliver Steels: 1000 metres
Matthew Bricklebank: 500 metres
Luke Bricklebank: 200 metres
Daniel Westcott: 450 metres
Jared Doudican: 125 metres
Sophie Snell: 400 metres
Charlotte Allgood: 500 Metres
Abigail Orme: 5000 metres
Ellie Doudican: 1600 metres
Jasmine Bowker: 250 metres
Mandy Bowker: 450 metres
Chris Gillman: 1600 metres
Natalie Boniface: 1600 metres

Thank You

Everyone involved in our club is a volunteer, I hope you can join me in thanking all those who have helped make our club successful over the past year !

Test Dates

Our Summer term test dates are on the 11th July & 18th July.

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Upcoming Important Dates

Here are some important dates for the next few months. With the Olympics' now fast approaching we are going to be running some fun themed activities once this term has finished. Signup sheets will be available towards the end of this term.



6th June 2012: Half Term (Lessons running as normal)

11th July 2012: 1st Test Night

18th July 2012: 2nd Test Night

25th July 2012: Olympic themed Water Polo !

1st August 2012: Olympic themed Diving !
Poolside Diving Only

8th August 2012: Olympic themed Swimming !
Competitive Starts & Turns (Tumble/Flip Turns)

Assessment dates:

At the end of each course we have two test nights. You can find out your child's test date & time on our club website and noticeboard. You must ensure your child is available to be tested on the test night as we cannot guarantee that an alternative assessment date or time is available.

Autumn Term Enrolment 2012

Parents are asked kindly to re-enrol their children after their test on test night. This allows us plenty of time to create new class lists and produce the new pool plan. Enrolment fee for the Autumn Term will be £28.

Water Activities within Rushmoor over the Summer

Free Swimming for 16 years and under during the school Holidays !
(21st July—2nd September)

Venue: Farnborough Leisure Centre & Aldershot Pools (not the Lido)

Cost: £1 Registration Fee

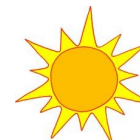
Sponsors: Rushmoor BC, DC Leisure and Thames Valley Housing.

Contact: Speak to the centre for more information

Aldershot Outdoor Lido

Make the most of the great weather and take the whole family for an afternoon of fun at the Lido.

- 2 - 10 June
 - 16 - 17 June
 - 23 - 24 June
 - 30 June - 4 September
- 10am to 6pm and 10 to 5pm on bank holidays.



Cost: Adults, £6.50 & children £3.90 (under 16)

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M	E	D	A	L	S	G	K	T	L	L	E	K	E	U
E	C	R	X	G	K	E	L	T	I	O	E	L	L	A
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ANCHOR	JUDGE
AQUATIC	KICK
BLOCK	LANES
BOARD	LAPS
BREATH	MARSHALL
BUTTERFLY	MEDALS
CAP	MEDLEY
COMPETITION	PADDLES
CRAWL	POOL
DISQUALIFIED	RACE
DIVE	RELAY
DOLPHIN	START
DRAG	SWIM
EVENT	TIMEKEEPER
FLIP	TOUCH
FREESTYLE	TRUNK
GLIDE	TURN
GOGGLES	WATER
HEAT	WET



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