

# Aldershot Youth Swimming Club

A member of Rushmoor Swimming Association



Aldershot Youth Swimming Club

## Newsletter – Summer 2017



Summer Term 2017

Welcome to this edition of our newsletter and especially if you & your child are new to our swimming club. Please do take the time to read this newsletter as it contains lots of useful information for you.

### Short Distance Swim - 5th April 2017

We had 14 swimmers arrive for the short distance swim before Easter. They swam well and achieved great distances. Well done to the following swimmers and a big thank you to Will, Robert, Amber & Louise for organising the swim during the evening.

1. Charlotte Allgood - 2000m
2. Finian McFadden - 2000m
3. Leah Flynn - 2000m
4. Terrence Shakeshaft - 1 Mile
5. Eva Flynn - 1 Mile
6. Lewis Shakeshaft - 1000m
7. Emma Simms - 1000m
8. Jacob Wheeler - 1000m
9. Charlie Greenslade - 600m
10. Jacob Quinlan - 600m
11. Kieran Floyd - 400m
12. Louise Laker - 400m
13. Rebecca Tucker - 400m
14. Daniel Wheeler - 200m



### Upcoming Teacher Qualifications

Good luck to Sarah, Will & Robert who will hopefully be completing their level 1 qualification in July / August this year.

### STA Partnership with the Scout Association

The STA have teamed up with the Scouts to support their five staged swimmer badges. If your child is in cubs or scouts and they would like to achieve these badges then do come and speak to us



### Parents - Hygiene Overshoes

'Places for people leisure' have asked us to ensure that parents and other spectators wear the blue over shoes provided when on the poolside. If the containers are empty on a Wednesday evening, then do speak to one of us and we will speak to the lifeguards to bring some more out to fill up the

### All Swimmers - Please note

We now operate a 5 minute delay at 6pm so assist the lifeguards in preparing the pool for our club after the centres own swimming lessons have finished. One long blast on the whistle to indicate change over will be used at 6:35pm, 7:05pm & 7:35pm. Please ensure your children arrive 5 minutes before so they are ready for the start of their lesson. 6pm Swimmers will need to queue down the corridor to ease the congestion on the poolside before we take over. When we invite parents and swimmers on to poolside at 6pm, please help us by sending your child around the pool to find their class teacher.

### Key Dates for this term

26th April 2017 - Spring term begins  
31st May 2017 - Half Term - lessons as usual  
5th July 2017 - 1st Test Night  
12th July 2017 - 2nd Test Night  
19th July 2017 - Short Distance Swim

A full calendar can be found on our club website.

### Swimmers - Please Note

Each week all pupils should use the toilet, blow their nose and shower before entering the water. Parents of younger swimmers should ensure their children carry out these three actions before their swimming lesson.

### Supervision on the Poolside / Changing Rooms

While our teachers are responsible for your children during their swimming lesson, we do ask for your help supervising your children before and after their lesson in the changing rooms and out on the poolside. If you do come across any children misbehaving then do come and inform Linda or Lesley who will deal with it appropriately with the children concerned.

We are not responsible for your children before and after their swimming lesson on poolside or within the changing rooms. All parents must remain on site while your children are in their swimming lesson.

### Extra Clothing Required

Swimmers in Angelfish 2 and above are required to wear additional clothing for their lessons and their tests. Please check on the website as it is important your child gets practice wearing additional clothes while swimming in their lessons.

### Online Questionnaire for Parents

We would love to get your feedback on how we are running the club and on your child's swimming lesson this term. There is an online questionnaire available on the website. Please do take a couple of minutes to let us know your thoughts. Your feedback is appreciated and we welcome

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### Club Test Dates - 5th July / 12th July 2017

At the end of each course we have two test nights. You can find out your child's test date & time on our club website and notice-board. You must ensure your child is available to be tested on the test night as we cannot guarantee that an alternative assessment date or time is available.

### Swimming courses / Distance Swim - Certificates & Badges

At the end of each term we run a short distance swim. Certificates and badges can be purchased afterwards for £1.50.

The cost of the certificate and badge after your child's test is included in your course fee for the term.

### Our Committee - Effective from January 2017

- Chris - Chairman
- Lesley - Swim Leader & Safe Guarding
- Linda - Swim Leader & Welfare Officer
- Louise - Waiting List Secretary
- Ludmila - Club Treasurer
- Natalie - Front Desk Secretary
- Angela - Badge Secretary

### Poolside Volunteers

- Andy - Swimming teacher
- Richard - Swimming teacher
- Jess F - Level 2 teacher
- Charlotte C - Level 2 teacher

- Mandy - Level 1 teacher
- Ella - Level 1 teacher
- Madi - Level 1 teacher
- Charlotte A - Level 1 teacher

- Nicole - Teacher assistant
- Sarah - Teacher assistant
- Ellan - Teacher assistant
- Amber - Teacher assistant
- William - Teacher assistant
- Robert - Teacher assistant

- Abbie - Pool water helper
- Katie - Pool Water helper



DIVE  
FLOAT  
FRONT CRAWL  
GOGGLES  
LIFEGUARD  
STANLEY  
SWIMMING  
TEACHER  
TOWEL  
WATER

### Changing rooms / lockers

Please ensure that your children are using the lockers provided and not leaving their belongings out on the benches. With 30-40 swimmers at each session there is not room to leave belongings out unattended.

### Water Safety Questions

Each Octopus and Goldfish class will be asked two water safety questions as part of their swimming lessons and their test. You can lookup these questions to teach your child at home by looking on our website.

### Swimming at Weekends

Please remember to take your children swimming at weekends to give them a good chance of developing their strokes and skills for their tests. A swimming lesson once a week is often simply not enough for your child to learn to swim and be confident in the later.

I	G	E	Y	U	C	G	E	D	J	L	Z	G	Z	D
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S	C	Q	T	R	U	V	K	R	F	R	I	G	O	X
L	T	I	X	G	L	E	L	A	C	C	Q	L	T	A
U	R	A	E	P	O	D	S	I	A	T	Y	E	L	A
N	L	F	N	S	W	I	M	M	I	N	G	S	A	T
E	I	E	K	L	G	J	L	U	U	O	R	W	E	E
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V	O	Z	R	O	J	Y	F	L	I	F	C	I	X	R
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R	E	T	A	W	Y	Q	J	Y	E	K	C	X	X	W
Z	T	E	C	N	P	P	G	R	W	F	X	C	K	W
K	K	A	F	L	O	A	T	D	N	P	P	B	T	C
S	A	F	X	D	Q	V	Q	B	K	B	R	X	E	B



As well as our website, our club also has a Facebook page. We use this to publish information and changes to our club calendar and in the unlikely event of any pool closers. 'Like' us today to keep yourself informed on our club news.



### STA Health and Wellbeing Leaflet

The STA have produced this wonderful leaflet on water safety which swimmers will receive once they start Angelfish 2 each term.

It has lots of information and activities to teach our swimmers about water safety at home and on holiday!